



# Crisis Navigation Guide



## Crisis Hotlines

### Someone to Contact

**988: Suicide & Crisis Lifeline**



Call or text for mental health, substance crisis, suicidal thoughts, or emotional distress.



## Mobile Teams

### Someone to Respond

#### Law Enforcement Mobile Outreach Safety Team (MOST)

**Reno: 775-334-2677**

(Sun-Tue: 8 am-6 pm; Wed-Sat: 6 am-11 pm)

**Sparks: 775-353-2231** (2 pm-12 am)

**Washoe: 775-785-9276** (6 am-12 am)

Clinician responds with law enforcement, performs safety assessment and connects to resources.

#### Children's Mobile Crisis Response Team

**775-688-1670**

Phone line available 24/7/365, in person response: 8 am-11 pm

Crisis intervention and short-term support for Nevada families of youth under 18.



## Walk-In Crisis Response Services

### A Safe Place for Help

#### Renown Crisis Care Center

**775-982-8870**

480 Galletti Way, Unit 25C

4/7/365

Provides short term (less than 24 hours) behavioral health intervention available.

#### Quest Counseling

**775-786-6880**

6110 Plumas St, Reno

Drop-in: 8 am - 6:15 pm

24-hour crisis line

Mental health services including crisis management.

Drop-in availability and 24/7 mobile response for established clients.



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## Walk-In Crisis Response Services A Safe Place for Help (Cont.)

### Vitality Unlimited

📞 775-322-3668

📍 1135 Terminal Way #207, Reno

⌚ Drop-in: 8 am - 5 pm

24-hour crisis line

Medical and behavioral health services including crisis management.

Drop-in availability and 24/7 mobile response for established clients.

### Reno Behavioral Healthcare Hospital

📞 775-393-2201 (intake department)

📍 6940 Sierra Center Pkwy

⌚ 24/7/365

Mental health and addiction treatment services.



## Emergency

**911**

📞 911

Medical emergencies, fire, reporting a crime, or life-threatening situations.

### Local Emergency Rooms

#### Renown

📞 775-982-4100

📍 1155 Mill St., Reno

📞 775-982-7000

📍 10101 Double R. Blvd. Reno

#### Northern Nevada Medical Center

📞 775-331-7000

📍 2375 E. Prater Way, Sparks

#### St. Mary's

📞 775-770-3000

📍 98 N. Arlington Ave. Reno

📞 775-900-6700

📍 10290 N. McCarran Blvd., Reno

📞 775-567-5400

📍 1511 Oppio Ranch Pkwy., Sparks